



Dr Nathan Curran

Medical Doctor/Nutritional Therapies

EAT WELL and get HEALTHY



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London Healthcare
Clinic

Experience

Dr Curran believes that everyone deserves a life full of vitality and has a passion for empowering individuals to take control of their health and wellbeing. He is a medical doctor with a special interest in the application of nutritional and lifestyle strategies in the prevention and management of chronic disease.

Dr Curran completed his medical training and an intercalated honours degree in Human Genetics at Stellenbosch University in South Africa. Following his studies, he spent a further two years gaining experience in emergency medicine and infectious diseases. Since moving to the UK in 2005, Dr Curran has spent over a decade working alongside healthcare providers in the corporate health sector, which has afforded him a unique insight into the factors affecting the health of individuals working in this competitive and emotionally demanding environment.

More recently, he has completed a postgraduate qualification in Nutritional Medicine and is an accredited DNAFit (nutrition and performance genetics) Provider. He was also one of the first London-based doctors to harness the benefits of intravenous nutrient therapy to help clients achieve enhanced vitality and physiological resilience.

What we can offer

At present, eating well might be the last thing on most people's minds. A session with Nathan will give you advice on immune support, supplementation, lifestyle choices and what to think about avoiding to help you through this challenging time.

Fees

Priced at £95 per person for 45min (normally priced at £150).